Opening hours: Monday-Thursday 9am-5pm, Friday 9am-4.30pm
Call us: 01609 777662 or Freephone 0800 0087452
Email: schoolmentalhealthproject@compass-uk.org
Web: www.compass-uk.org

🐝 BUZZ US

Compass BUZZ is launching a new innovative **text messaging service** called **BUZZ US** for young people aged 11-18. Young people across North Yorkshire will be able to text **07520631168** regarding any Mental Health and Wellbeing issues and receive advice, support and signposting from one of our Wellbeing Workers.

BUZZ US is confidential service where young people will receive an instant reply informing them if the service is open or closed. Within this message it will inform them that they can expect a reply within one working day and also where they can go to receive support if they need it sooner.

Compass BUZZ is committed to ensuring the safety of young people and has consulted with other text messaging services, Local Safeguarding and Police to make sure that young people will receive the correct advice and support when they need it.

The service is open Monday – Thursday 0900-1700 and Friday 0900-1630 (excluding Bank Holidays).

Please contact 01609 777662 or Freephone 0800 008 7452 if you would like any further information.

CREATING A BUZZ
about mental health & wellbeing