

KS4 PE	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Downstairs Pupils	5/6 a-side football Quick Cricket Dodgeball/Bench Ball Volleyball Boxing Fitness	Badminton Short Tennis Walking / Orienteering Boxing Fitness	Circuit Training Basketball 5/6 a-side football Badminton Boxing Fitness	Short Tennis Basketball 5/6 a-side football Boxing Fitness	Walking / Orienteering Tennis Badminton Boxing Fitness	Baseball Football Touch Rugby Rounders Boxing Fitness