

KS4 Hospitality with Mr Cosgrove and Miss Broadbent

Pupils are taking part in Hospitality as part of The Prince's Trust Achieve programme.

This course aims to give pupils the knowledge, skills and confidence to enjoy cooking meals at home. Pupils will gain understanding of basic nutrition, healthy eating and how to get best value for money when planning meals to cook at home.

A visit to local supermarkets allows pupils to undertake price comparison research and supports their learning. Pupils research a recipe of their choice and are given a budget. They make a shopping list and research items and costs on the Tesco website and then shop in the supermarket. Pupils follow the recipes and cook in small groups for their classmates. Working with others cooperatively is an important learning goal of the programme. The course encourages pupils to learn budgeting skills and to follow written instructions, work tidily and follow food hygiene and kitchen cleaning routines. The curriculum covers kitchen hazards, methods of safe working in a kitchen environment.

Links to maths include costings for shopping, adjusting quantities when scaling recipes up or down, weighing ingredients, managing timings for cooking. Other life skills include setting a table, serving a meal to others, social skills involved in working with others and presenting food in informal and formal settings.

Pupils contribute to the planning process by suggesting recipes and dishes they would like to learn to make and identifying skills they wish to improve. This gives the pupils a real sense of ownership towards their learning and allows staff to individually tailor the course to meet the needs of each pupil. Evidence of knowledge and skills developed is collected in a portfolio throughout the course. The qualification culminates in an assessment where pupils plan, prepare and cook a two-course meal.

